

Children's Center  
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# Child Abuse Prevention Trainings

## OUR MISSION

The mission of the Children's Center is to support and medically assess children who are suspected victims of abuse or neglect.

## OUR SERVICES

**Medical Assessments and Interviews** - Complete exams to determine and document a child's health and safety with videotaped interviews as part of the medical assessment.

**DEC Appointments** - Drug screening for drug endangered children including urinalysis and hair testing.

**Family Support** - Support and referrals for families who are supporting a child seen at the center, as well as families who are referred to the center for other support needs.

**Karly's Law** - Medical exams and medical record reviews for children who have suspicious physical injury, where there is reasonable cause to believe the injury was caused by abuse.

Children's Center is proud to provide trainings for adults in our community on how to help prevent child physical/sexual abuse and neglect. The trainings are FREE, range from 20 minutes to 3 hours, and can be provided at a location of your choosing. Please call (503) 655-7725 or email [Office@childrenscenter.cc](mailto:Office@childrenscenter.cc) to learn more.

### **7 Steps of Prevention Darkness to Light**

This training will walk you through the seven ways to help prevent child abuse in your community. You will learn what child sexual abuse is, how to talk about it, and how to become involved in preventing abuse. Staff will take you through each individual step, and provide you with a pamphlet for reference.

30 - 60 minutes

No Fee

### **Stewards for Children Darkness to Light**

An interactive workshop designed to empower individuals in the community to help prevent child sexual abuse. This training walks participants through the Seven Steps to Protecting Our Children. Additionally, the facilitator will provide time for group discussion, creating plans of personal action, and education around the issue of child sexual abuse prevention. With this training, you will learn how to respond if a child discloses to you about being sexually abused and how to report the disclosure. It also includes a workbook, pamphlet and easy reference card to take with you.

2-3 hours

No Fee

### **Develop Your Own Prevention Training**

This training includes standard components of prevention, responding to abuse disclosures and reporting child sexual abuse. In addition, you can select topics from the list below to customize the training for your audience.

- **Sexualized behavior problems**  
Normal vs. abnormal; reasons for concerning sexual behaviors; responding; supervision needs.
- **Teaching boundaries**  
Talking to children about safety and touching rules.
- **Reducing trauma**  
Helping children heal; moving from victim to survivor.
- **Supporting caregivers**  
The grief process following child sexual abuse.
- **Offender grooming techniques**  
Myths; thinking patterns of offenders; cycle of abuse.

30 minutes-3 hours

No Fee



*The test of the morality of a society is what it does for its children.*

*Dietrich Bonhoeffer*